

Cinthya's

skin & body care

Body Therapies

Signature Massage: This unique treatment is customized to each client, it uses a combination of techniques and levels of pressure to address the areas that need deeper work while relaxing the rest of the body | 75-110

Deep Tissue Massage: This sophisticated massage uses different massage techniques, plus elbows and forearms, to release deep, tight muscles. Ideal for experienced massage clients who suffer from tension. | 95-115

Hot Stone or Warm Bamboo Massage: A very effective treatment to reach deeper into muscles. | 85-115

Pregnancy Massage: A massage designed for mother to be after the first trimester. Gentle yet effective, this massage will relieve tension in areas under particular stress. | \$85-115

Body scrubs: Your choice of salt or sugar scrubs, will leave you your skin glowing! | \$55

Foot and reflexology ritual: This unique solution to relieve tired feet will revitalize the mind and enlighten the soul. Feet and lower leg are deeply exfoliated. | \$45

Aroma-Touch Treatment: This amazing treatment brings your body back to homeostasis. Utilizing different blends of essential oils, light touch and reflexology; you will re-gain the balance between mind, body and spirit. | 55 Add massage | 105



2650 Bahia Vista St | Sarasota | 973.280.1716

Facial Therapies

Customized Transformation Facial: Whether you need deep-pore cleansing, extra nourishing, deep hydration or custom-tailored maintenance, utilizing cutting edge technology this treatment will address and correct each and every individual concern. | 115-175

Dreamy Facial: A pampering yet effective experience that will address your skin's needs and soothe your senses with a hot stone neck-and-shoulder massage. | 85

Petite Facial: An express facial; includes gentle cleansing, exfoliation and customized mask. | 65

Dermaplaning: Resurfacing and hair removal treatment utilizing a blading technique. | 65

Men's Purifying Facial, Shoulder and Scalp Massage: A deeply relaxing facial experience specially designed to suit men's skin care needs. Following the relaxing face, the shoulder and scalp massage will release tight muscles and tension. | \$55

Specialty Teen Acne Facial: Designed to treat acne-prone skin, this specialty treatment will help control break outs and blemishes. | 75

Acne Maintenance Facial: Recommended as a follow-up treatment to keep acne "under control." 30 min | 45

Dermafilng Treatment: Gentle epidermal abrasion that treats sun-damaged skin, fine lines, wrinkles, enlarged pores, superficial scars, uneven granular skin, blackheads and comedones. A holistic version for microdermabrasion. | 65

Waxing (prices begin at)

- Eyebrow design | 20
- Lip or Chin | 15
- Bikini | 35
- Full leg | 55
- Underarm | 15
- Brazilian | 65

Spa Packages

Perfect Day | 145

Why choose? The package is the perfect marriage of indulgences.

- Signature massage
- Dreamy facial

A Day in Heaven | 250

You're going to want this one! Luxurious package includes:

- Foot ritual
- Aroma balance
- Signature massage
- Dreamy facial

Gift Certificates

The perfect way to say ...

Thank you.

I love you.

You're special.

You deserve this.

Please respect a 24-hour cancellation policy so I can accommodate another guest if you are unable to make your appointment.

